An Example

NEW ZEALAND DIVING COMMITTEE (N.Z.A.S.A.)

LIST OF DIVES FORM

START No. .....

NAME Jim Smith

CLUB / CENTRE Waitaki Boys High

EVENT / COMPETITION Aoraki SS Champs

MENS / WOMENS (BOYS) / GIRLS

~~OPEN~~ 14 - Under YEARS ~~1 METRE / 3 METRE / TOWER~~

DAY ..... DATE .....

	DIVE No.	GROUP AND DIVE DESCRIPTION										POSITION				BOARD	DEG. DIFF.	JUDGES POINTS 1	2	3	4	5	6	7	TOTAL	POINTS AND PROGRESS
1	101	ARM ST.	CUT THRU	FLY	(FWD)	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	(C)	D	1 M	1.2									
2	301	ARM ST.	CUT THRU	FLY	FWD	BACK	(REV)	INW	DIVE	.... S/S	... TWISTS	A	B	(C)	D	1 M	1.6									
3	401	ARM ST.	CUT THRU	FLY	FWD	BACK	REV	(INW)	DIVE	.... S/S	... TWISTS	A	B	(C)	D	1 M	1.4									
4	103	ARM ST.	CUT THRU	FLY	(FWD)	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	(C)	D	1 M	1.6									
5	302	ARM ST.	CUT THRU	FLY	FWD	BACK	(REV)	INW	DIVE	.... S/S	... TWISTS	A	B	(C)	D	1 M	1.6									
6		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										
7		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										
8		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										
9		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										
10		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										
11		ARM ST.	CUT THRU	FLY	FWD	BACK	REV	INW	DIVE	.... S/S	... TWISTS	A	B	C	D	M										

FINAL POINTS .....

PLACE .....

DIVER'S SIGNATURE ..... REFEREE ..... SECRETARY .....

Insert Dive No. Encircle Group. Insert number of somersaults and/or twists. Encircle Dive position. List Degree of Difficulty. Sign your name — You are responsible for the Accuracy.

Independent Print Consultants Ltd