

ASHBURTON COLLEGE.

CROSS COUNTRY COURSE EXPLANATION 2010

This year's Cross Country will be hosted by Ashburton College on Wednesday 2 June. It will be held on the Ashburton Harrier Club course in the Tinwald Domain and adjacent grounds. The course is 2km in length. Junior and Intermediate Boys and Junior and Senior Girls will each complete 2 laps while the Senior Boys will run 3 laps. The Canterbury Cross Country Championships were held on the course two years ago.

The course is considered suitable for spikes. There is a sealed driveway leading into the domain, which must be crossed twice (3 times for senior boys). However, that is the only sealed surfaced on the course. We hope to cover this with carpet.

A map of the course will be sent to schools closer to the event.

Because there is only 10 minutes separating races, there will be 2 finishing chutes – one for girls and one for boys.

The course is flat with 2 fences and 2 water jumps.

Parking

As you approach Tinwald from the south (State Highway One), turn left over the railway line opposite the Tinwald Sale Yards and CLASS Harvest Centre Canterbury, and then on to Maronan Road. The signpost on the State Highway One reads - Tinwald Domain, Swimming Pool.

Parking is approximately 400m on the right, past the entrance to The Plains and the Tinwald Domain. There will be parking wardens to direct you. Look for the warden on Maronan Road wearing a white coat. Any over flow parking will be in the adjacent Tinwald Rugby Club grounds.

Changing

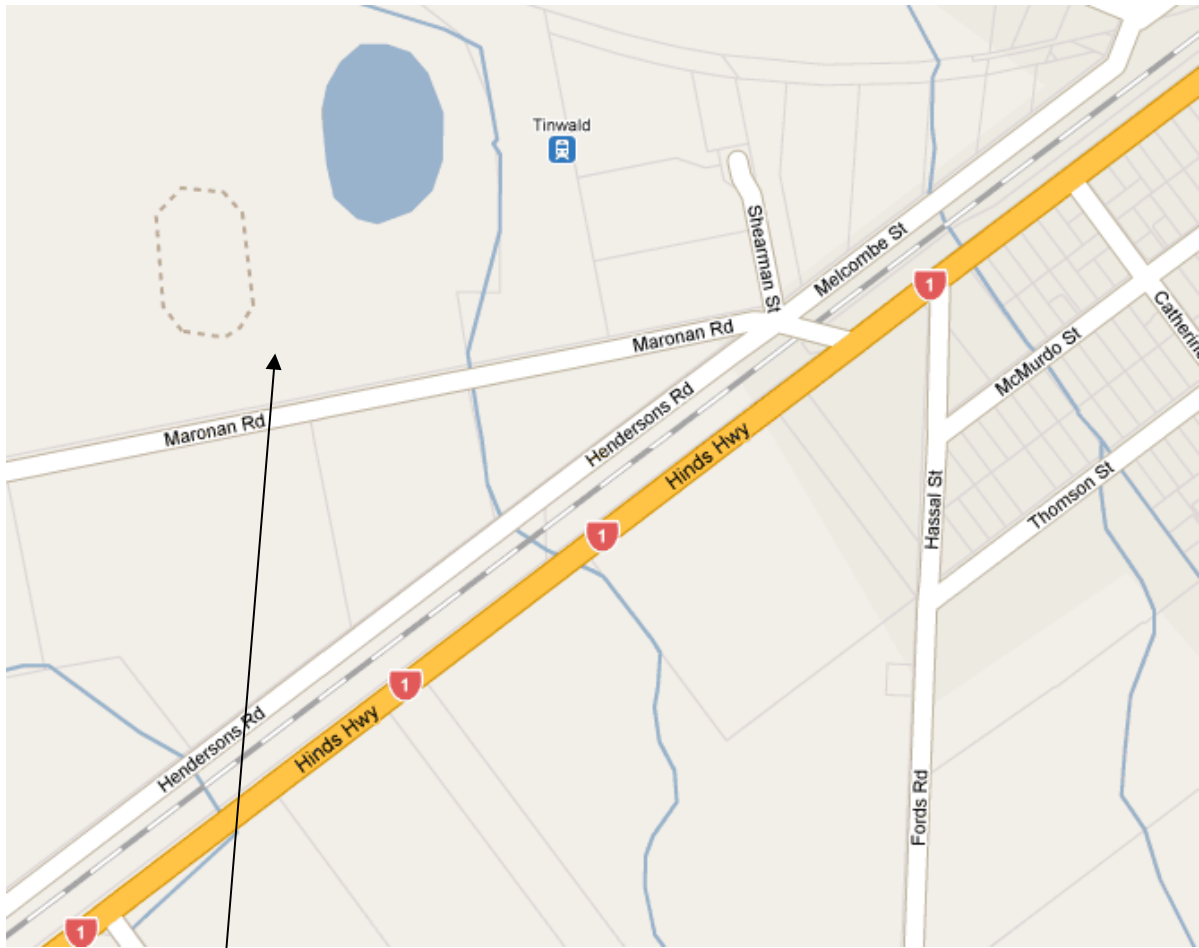
As there are no changing facilities, students should arrive changed.

Afternoon Tea and Announcement of Place Getters

This function will be held at the completion of the senior boys' race, in the Tinwald Family Sport and Recreation Clubrooms. The clubrooms are at the start of Maronan Road (400m walk back up the road). Please keep to the footpath as it is a busy road. There is parking for buses at the rear of the clubrooms.

If you have any questions please contact Trevor Cochrane, Ashburton College
03 3084193 ext 842.

Map below



Start of course and bus parking