

Aoraki Secondary School MOUNTAIN BIKE Championships

TO: Teacher in Charge of Mountain Biking

EVENT MANAGER: Simon Coventry

COORDINATOR: Regional Sports Director (RSD) Bob Pringle

N.B. This year we have brought the dates forward to coincide with the MASTERS GAMES event. This being hugely economic of time, energy and cost.

DOWNHILL is on SUNDAY 10th out at Taiko Course

CROSS COUNTRY is on MONDAY 11th October in Centennial Park, Timaru

This is a Secondary School event and may include both Yr 7 & 8 riders and non Aoraki region racers. All racers must be attending a school and have their entry form signed by the school principal.

The Course is on Private Property and can not be ridden without permission of the South Canterbury Mountain Bike Club. There is no access to the property during September due to lambing.

Please respect the landowners property, do not interfere with any stock, fences or gates. Smoking or any flames are not permitted in the forest.

DOWNHILL COURSE



VENUE:-Graham Talbot's farm, Pareroa Ford Rd South Canterbury

DIRECTIONS - 20 Km from Highfield Timaru.

Wai-iti Rd – Left on to Claremont Road follow the road right at Whale Bones corner as it becomes Taiko Rd – down Taiko zigzag - Taiko Valley and left onto Pareora Ford rd.
The route will be signposted from Claremont Rd.

DOWNHILL ONLY

WHEN: Sunday October 10th **(NO postponement date!)**

ENTRY FEE: \$ 10.00 per Rider covers one or both races.

Pay on the day to Bob Pringle (R.S.D).

ENTRY DUE ON or before 3.00 p.m. Tuesday October 1st . (last week of Term 3)

All entries must be signed by the school principal.

Protests. These must be lodged within ten minutes of completion of either race. This must be in writing with a \$20 fee and lodged with the Event Manager or RSD. This will be reimbursed if the protest is upheld.

RACING will be at same time as **MASTERS** – 1pm

Course is OPEN for practice from 10 am onwards.

Competitors may have to get their own bikes back up the hill.

Age categories: Age at 1 January 2010

Cross Country (Group 2)Yr 7 & 8, Un 14, Un 15 - (Group 1) Un 17 & Un 19

Downhill: Un 14, Un 15, Un 17& Un 19 (Note any Y 7-8 entrants with parental written approval will be entered in the under 14 category for the downhill)

CROSS COUNTRY: MONDAY 11th OCTOBER – Centennial Park

Start Time 3pm – After the Masters event

Course is open for practice round 11 am

H.Q's at The Lake

DOWNHILL RACE : SUNDAY 10th OCTOBER TAIKO FARM

Start Time 1pm This is a timed event where you go individually.

The organizers reserve the right to make modifications on the day. (E.g. Number of practice runs due to entry numbers, or changes due to conditions) The Downhill Course will be open for practice in the morning.

Previous transport by 4 wheel drive vehicle to the top of the course MAY NOT be available for racers SO be prepared to walk you bike back to the tops after racing.

The course begins on a hilltop paddock, quickly moving into a pine forest with a number of jumps, humps, steep sections and drop offs. **There are chicken routes for those who prefer to keep their wheels primarily on the ground, however this will slow you down. Care must be taken on the jumps associated with steeper territory and they should only be undertaken by experienced riders.** There are several flattish sections where pedaling is required. Nearing the end of the forest section there are two alternate routes. **Do not take the right hand route unless you are accomplished at rock drop**

offs/jumps. The track then moves into open country with a rock descent and several more jumps before the end is reached.

N.B. Year 7 & 8s can only race in the downhill in the under 14 age category race **IF** parents have given written permission. (Held by School T.I.C. and **MUST** be sighted by Event Manager Simon Coventry or Bob Pringle. **Please note the downhill course has jumps and steep drop offs and requires a high level of mountain bike skill.**

FOOD: Competitors; - have a good breakfast AND bring your own lunch snacks and drink. There is no running water at the site, please come prepared.

TENTS: Schools can erect sun shades or tents on the grass near the start of the events.

PORTALOO: A portaloo will be available

BIKES & SAFETY REQUIREMENTS for ALL EVENTS & PRACTICE

Mt. Bikes are NOT cheap. "DO NOT" touch anyone else's bike or personal property.

- **EVERY competitor must wear a HARD SHELL helmet that is correctly fitted and satisfies either the NZSS or AS 2063 during practice and racing.**
- **Competitor's footwear must be fully enclosed**
- **Competitor's bicycle must be in good working order with front and rear brakes, capable of skidding on tyres. Mt.Bikes ONLY are permitted.**
- **Eye protection is strongly recommended for ALL events.**
- **ALL Downhill racers a full helmet, gloves giving finger coverage, elbow protectors, knee protectors must be worn during practice and racing.**

EVENT FORMAT: 10.00 – 10.30 Registration

10.30 Managers meeting

Males and females race together in age category. Age category is age at 1 January 2010

11.00 Downhill practice time

1pm Downhill racing begins with MASTERS

3.30 pm'ish: Presentations

WINNERS: All placings decided on time.

FIRST AID: An official St. John Officer will be available on site.

Schools bring own first aid kit as for RAMS requirements.

PRESENTATIONS:

To be held immediately after the event both days

Medals (Aoraki region riders only) & Certificates to ALL winners.

Certificates also for 2nd & 3rd placings.

PLEASE SCROLL DOWN

Code of conduct and responsibility waiver

- All teams must be in the charge of a responsible coach or manager.
- All students are to be drug, alcohol and smoke free.
- Any concerns regarding the course or event are to be made by the team manager to Simon Coventry or Bob Pringle.
- All students must be attending the school they represent.
- All participants and spectators are to show respect for fellow entrants and officials.
- Competitors are to abide by the rules and instructions of the event.
- Any competitor who behaves dangerously or breaches event rules may be immediately disqualified.
- In the event of any “Act of God conditions causing cancellation of the event there may not be a refund of entry fees.
- Neither the organizers or sponsors or any parties associated with event shall have any responsibility, financial or otherwise, which might arise whether or not by negligence for any direct or indirect loss, injury or death that might be sustained by an athlete/athletes or any party directly or indirectly associated with them, from their intended or actual participation in the event or its related activities.

Simon Coventry
(Event Manager)

Bob Pringle
(Aoraki Sports Director)

